

**Genetics to Treatment:
Leaders Speak about Research Findings and Implications**

Saturday, March 13, 2009 · Richmond, VA

PROGRAM

8:00 am	Registration and Coffee
8:30 am	Welcome and Opening Remarks: Joel J. Silverman, MD, Professor and Chairman, Department of Psychiatry Perry D. Hoffman, PhD, President, NEA-BPD
9:00 am	Psychiatric Genetics: An overview and focus on Borderline Personality Disorder Kenneth S. Kendler, MD Rachel Brown Banks Distinguished Professor of Psychiatry; Professor of Human Genetics Director, Psychiatric Genetics Research Program; Director, Virginia Institute for Psychiatric and Behavioral Genetics Objectives: 1. To understand the current paradigms used in psychiatric genetics -- genetic epidemiology and gene-finding methods -- and their relative strengths and weaknesses 2. To understand how multivariate genetic analyses can clarify the origins of patterns of comorbidity in psychiatric illness and review the current results obtained by applying these methods. 3. To understand current research on the genetics of personality disorders and particularly borderline personality disorder.
10:30 am	Break
10:45 am	Development of BPD: phenotypes, mentalization, trauma, and unshared environment John G. Gunderson, MD Professor of Psychiatry, Harvard Medical School Director, Center for Treatment and Research on BPD, Mclean Hospital, Belmont, MA Objectives: 1. identify temperamental structures, interpersonal interactions, and significant events that modify expressions of the genes that predispose to BPD 2. understand the strength and limitations of mentalization as a way to understand BPD's core psychopathology
11:45 am	Lunch
12:45 pm	Psychosocial Treatment of BPD: stigma, comorbidity, and the basic components of psychotherapy John G. Gunderson, MD Objectives: 1. learn how and why to disclose the BPD diagnosis to patients and families 2. learn why BPD should be the primary treatment focus when co-occurring with bipolar disorder or MDD, but not when co-occurring with substance abuse or antisocial personality disorder
1:45 pm	Panel discussion Discussants: Drs. Friedel, Gunderson, Kendler
2:45 pm	Break
3:00 pm	The Treatment of BPD with Medications: A neuropharmacologically-based approach Robert O. Friedel, MD Distinguished Clinical Professor of Psychiatry, Virginia Commonwealth University Professor Emeritus, University of Alabama at Birmingham Objectives 1. Participants will understand the four diagnostic dimensions/domains of BPD, and the frequently co-occurring disorders associated with BPD. 2. Participants will understand how to distinguish the core symptoms of BPD from the overlapping symptoms of the co-occurring disorders. 3. Participants will understand the rationale and the strategies for utilizing medications for the treatment of BPD and any co-occurring disorders. 4. Participants will understand the fundamental biological factors that increase the risk of developing BPD, and the associated molecular psychopharmacological principles that enhance the proper use of medications for patients with BPD.
4:00 pm	Closing Remarks and Adjourn