

Odds Are You Know Someone Who Has Borderline Personality Disorder

Borderline Personality Disorder (BPD) is a prevalent, yet misunderstood psychiatric disorder.

Symptoms include impulsive behaviors such as bodily self-harm and substance abuse, chaotic relationships, unstable self-identity and moods, often including intense anger. Ten percent of individuals with BPD commit suicide, making this disorder a leading cause of suicide.



***Awareness
Brings HOPE***

- 1 in 16 people suffer from BPD - 12 million adults and adolescents
- BPD is as more common than bipolar disorder and schizophrenia, but is less recognized
- Compared to other psychiatric disorders, BPD is at least two decades behind in research, treatment options and family education

**By Act of the U.S. House of Representatives, May is
Borderline Personality Disorder Awareness Month***

"It is essential to increase awareness of BPD among people suffering from this disorder, their families, mental health professionals and the general public by promoting education, research, funding, early detection and effective treatments."

***H. RES 1005, PASSED 4/1/08**

**To learn more about BPD visit the National Education
Alliance for Borderline Personality Disorder
at www.borderlinepersonalitydisorder.com,
or the National Alliance on Mental Illness at www.nami.org.**