

Odds Are You Know Someone Who Has Borderline Personality Disorder

Borderline Personality Disorder (BPD) is a prevalent, yet misunderstood psychiatric disorder.

Symptoms include impulsive behaviors such as bodily self-harm and substance abuse, chaotic relationships, unstable self-identity and moods, often including intense anger. Ten percent of individuals with BPD commit suicide, making this disorder a leading cause of suicide.



- **1 in 50 people suffer from BPD - 4 million adults and adolescents**
- **BPD is as common as bipolar disorder and schizophrenia, but is less recognized**
- **Compared to other psychiatric disorders, BPD is at least two decades behind in research, treatment options and family education**

By Act of the U.S. House of Representatives, **MAY** is **Borderline Personality Disorder Awareness Month***

"It is essential to increase awareness of BPD among people suffering from this disorder, their families, mental health professionals and the general public by promoting education, research, funding, early detection and effective treatments."

***H. RES. 1005, PASSED 4/1/08**

Awareness Brings HOPE

To learn more about BPD, visit the
National Education Alliance for Borderline Personality Disorder
at www.borderlinepersonalitydisorder.com,
or the **National Alliance on Mental Illness** at www.nami.org.