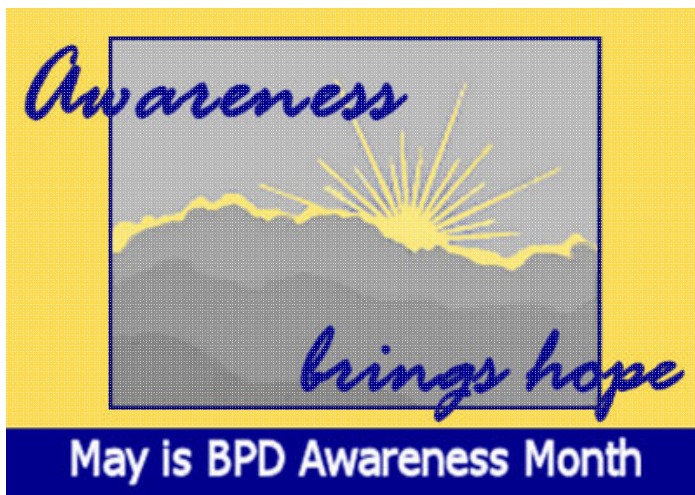


# Odds Are You Know Someone Who Has Borderline Personality Disorder

**Borderline Personality Disorder (BPD)** is a prevalent, yet misunderstood psychiatric disorder.

Symptoms include impulsive behaviors such as bodily self-harm and substance abuse, chaotic relationships, unstable self-identity and moods, often including intense anger. Ten percent of individuals with BPD commit suicide, making this disorder a leading cause of suicide.



- **1 in 50 people suffer from BPD - 4 million adults and adolescents**
- **BPD is as common as bipolar disorder and schizophrenia, but is less recognized**
- **Compared to other psychiatric disorders, BPD is at least two decades behind in research, treatment options and family education**

**By Act of the U.S. House of Representatives,  
MAY is Borderline Personality Disorder  
Awareness Month\***

*"It is essential to increase awareness of BPD among people suffering from this disorder, their families, mental health professionals and the general public by promoting education, research, funding, early detection and effective treatments."*

**\*H. RES 1005, PASSED 4/1/08**

## **Awareness Brings HOPE**

**To learn more about BPD visit the National Education Alliance for Borderline Personality Disorder at [www.borderlinepersonalitydisorder.com](http://www.borderlinepersonalitydisorder.com), or the National Alliance on Mental Illness at [www.nami.org](http://www.nami.org).**