



Borderline Personality Disorder: Mentalization-Based
Approach in Frontline Practice

Dr. Anthony Bateman

Friday, April 30th 2010



From 8:00 am to 4:00 pm
Montreal Neurological Institute & Hospital
Jeanne Timmins Amphitheatre
3801 University Street
Montreal

OBJECTIVES

This conference is for all practitioners working with people with borderline personality disorder (BPD) and their families as well as for researchers and academics.

It is a great opportunity to hear from an internationally recognized expert, **Dr. Anthony Bateman**, who will introduce the concept of mentalization, its role in treatment of people with BPD, its applications outside specialized centers, including parental training and prevention. **Dr. Bateman** will also present on teaching mentalization-based methods to community workers.

Mentalization-based treatment is rooted in attachment theory and aims at enhancing the individual's capacity to represent thoughts and feelings in themselves and in others in the context of attachment relationships.

Examples of the application of Mentalization-based treatment (MBT) will be presented with the help of case presentation through role play and/or video.

“Understanding the nature and significance of mentalizing will help clinicians and patients make the best use of all forms of mental health treatment”.

Learning objectives for the conference:

- 1 Understand the various facets of mentalization
2. Understand the applications of Mentalization-Based Treatment for people with BPD
- 3 Acquire skills for use of MBT with clients presenting with BPD

PROGRAM

- 8:00 am **Registration**
- 8:30 am **Dr. Lise Laporte** – Welcome and Introduction
- 8:40 am **Dr. Anthony Bateman** – Fundamentals of Mentalization-Based Treatment (MBT)
- 10:15 am **Break**
- 10:30 am **Dr. Anthony Bateman** – Clinical demonstration (video/role play) followed by question period
- 12:00 am **Lunch (on your own)**
- 1:30 pm **Dr. Anthony Bateman** – MBT in frontline practice: training and applications
- 3:00 pm **Break**
- 3:15 pm Discussion Panel
- Dr. Ron Fraser** – Mentalizations techniques applied to “difficult to treat or chronic patients”
- Dr. Suzane Renaud** – MBT in patients’ trajectory
- Dr. Joel Paris** – Efficacy of MBT and other forms of treatment for BPD: evidence based data
- 3: 50 pm **Dr. Sharon Bond** – Closing Remarks

INVITED SPEAKER

Dr. Anthony Bateman M.A., M.D., F.R.C.Psych is Director of Psychotherapy Services and Research Lead for personality disorder at St-Ann’s Hospital in North London. He is also Honorary Senior Lecturer at University College and Royal Free Medical Schools, Barnet, Enfield, and Haringey Mental Health NHS Trust, and St Ann's Hospital.

DISCUSSANTS

Sharon Bond, Ph.D. Director, Couple and Family Section, Department of Psychiatry, Jewish General Hospital

Ron Fraser, M.D. Medical Director, Extended Care Clinic, Personality Disorders Program, McGill University Health Center

Joel Paris, M.D. Medical Director, Short Term Clinic, Personality Disorders Program, McGill University Health Center & Personality Disorder Program, Jewish General Hospital

Suzane Renaud, M.D. Personality Disorders Clinic, THAI Program, Douglas Mental Health University Institute

ORGANIZING COMMITTEE

Sharon Bond, Ph.D.

Lise Laporte, Ph.D.

Barbara Morningstar, M.Ed.

Joel Paris, M.D.

SPONSORS

McGill School of Social Work

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INFORMATION

For any information, please contact:

Conference registrar BPD 2010

McGill University

Centre for Continuing Education

688 Sherbrooke St. West, suite 1029

Montreal, H3A 3R1

Telephone: 514-934-1934 extension 34802

Email : muhcteam@muhc.mcgill.ca

Certificates of Attendance/ Continuing Education Credits

Certificates of attendance and receipt will be issued to all participants. Continuing education credits will be issued to general practitioners and psychiatrists.

Simultaneous Translation

Please note that the majority of the conference will be held in English. However, simultaneous translation will be available.

SUGGESTIONS FOR LUNCH

Lunch is not included in the registration fee. Here are some suggestions for your lunch break:

Students' Society of McGill University (3600 McTavish)

Restaurants at La Cité (350 Prince Arthur corner Park Ave.)

Cafeteria of the McGill Sports Centre (475 Pine Ave. W.)

Cafeteria of the Royal Victoria Hospital (687 Pine ave. W.)

HOW TO GET THERE

We strongly suggest that you use the public transportation system to get to the conference as parking is very limited.

Metro stations: Sherbrooke (Bus #144) or Peel

Some parking is available at the Molson Stadium.

[http:// www.mcgill.ca/athletics/facilities/molsonstadium](http://www.mcgill.ca/athletics/facilities/molsonstadium)

<http://www.mcgill.ca/parking/visitors/#LOCATIONS>

The following website gives directions to the Jeanne Timmins Amphitheatre.

[http:// www.mni.mcgill.ca/patients/maps/](http://www.mni.mcgill.ca/patients/maps/)

REGISTRATION

You can register online and pay by credit card **or** register by mail and pay by cheque or money order.

To register online please follow this link

https://cce.mcgill.ca/cce_shop/main_menu.asp?forms=borderline_personality_disorder&dept=GS&lang=EN

When you register online, you will receive a confirmation email.

To register by mail, please complete the registration form below.

Confirmation and cancellation

Your written request to cancel registration must be received by April 15th. Substitutions are possible and must be completed seven days prior to the conference.

**BORDERLINE PERSONALITY DISORDER:
MENTALIZATION-BASED APPROACH IN FRONTLINE PRACTICE
APRIL 30TH 2010**

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| Require headphones for simultaneous translation services | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Registration fee includes breaks and documentation (Check appropriate box) | <input type="checkbox"/> 115\$ <input type="checkbox"/> 135\$ After April 2 nd <input type="checkbox"/> 75\$ Student (with proof of student status) <input type="checkbox"/> 90\$ After April 2 nd |
| <p>Complete the registration form and return it with your cheque (made out to the order of Department of Psychiatry). Cheques must be received before April 15th at the following address:</p> <p>Conference registrar – BPD 2010 Centre for Continuing Education, McGill University 688 Sherbrooke street West, suite 1029 Montréal H3A 3R1</p> | |

Please note that postdated cheques will be refused.