

**FAMILY CONNECTIONSTM**

**A skills-based program that offers a**

 **lifeline to families facing**

**Borderline Personality Disorder**

**THE NATIONAL EDUCATION ALLIANCE FOR BORDERLINE PERSONLITY DISORDER**

invites you to attend a special Washington, DC area

**Family Connections Weekend Workshop**

at George Mason University

**April 22 & 23, 2017**

**(8:30am – 5:00pm)**

 **COURSE CONTENT:**

• Research-based program typically

 taught as 12-week course

• Education & Research on BPD

• Skills training for families based on

 Dialectical Behavior Therapy

• Relationship Mindfulness

• Effective Communication

• Validation

• Development of a support network

 **HOW TO REGISTER:**

Request the ***Washington DC Weekend Workshop*** when registering at [**www.borderlinepersonalitydisorder.com/family-connections**](http://www.borderlinepersonalitydisorder.com/family-connections)

Note: Space is limited and registration is first come, first serve. This workshop is NOT open to people who suffer from BPD, only to family members and close friends. A voluntary $50 donation is requested to cover printing & administrative costs. No one will be turned away for financial reasons. For questions contact **meg@borderlinepersonalitydisorder.com**

 **SPONSORED BY:**

George Mason University’s Center for Psychological Services

http://psyclinic.gmu.edu/



 National Education Alliance for Borderline Personality Disorder

 www.borderlinepersonalitydisorder.com