A LIFE WORTH LIVING

AWARENESS

DIAGNOSIS

VALIDATION STRATEGIES

PATIENT THERAPY ASSUMPTIONS

TARGETS STAGES (GOALS)

BIO-

SOCIAL

THEORY

Biological Bases of Emotion Regulation

Environmental Bases of Trauma, Loss, and Involution

MINDFULNESS

DIALECTICS

BEHAVIORISM

PROBLEM-SOLVING (CBT) STRATEGIES

AGREEMENTS TEAM

FUNCTIONS PATIENT THERAPIST